

# The Pen

Ponders End  
Community Development  
Trust



Volume 3, Issue 28  
October 2010

## The Newsletter for the Ponders End Community



**Making a raft and learning teamwork skill at a watersports centre - summer activities organised by PE Youth Centre**

### In this issue:

Opinions expressed in this Newsletter do not necessarily reflect the views of the Trust or its members.

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**The Trust's involvement with the local community, and our determination to be the driving force behind the change for the better, is as strong as ever. We continue to champion community matters and inform residents of the developments which are taking place locally and which, ultimately, will determine the shape of the area. Over the past few years we have worked in partnership with the Council to bring the opinions of Ponders End people to the attention of the Place Shaping Team and ensure that they are taken into account.**

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**This December, working together with Enfield Council and EBRA, we will help to organise Ponders End Winter Festival. More information will be available shortly, so look out for posters and leaflets announcing the event.**



**Green and Healthy Living Day, organised by Enfield Council and NHS Enfield - p4**

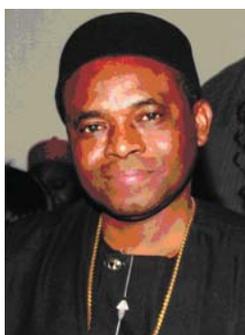


**Noufi Theodolou, member of the Enfield Karate Club in Enfield - see p7**



**Gaining a first aid certificate...in all 16 young people completed and passed - p3**

## From the Chair



Over the last few editions of The Pen, there have been a number of articles and insertions regarding the proposed work at the Ponders End Park. Subsequent to consultations by the Council, a report was sent to Cabinet for approval in principle for the funding that would enable the work to be carried out. This approval was given on the condition that a plan, acceptable to the majority of the residents and those who work in Ponders End, is agreed. We as a Trust supported this approach. It would

therefore seem that the options have now been narrowed down to two, although some individuals may still have reservations.

*The two options being put forward by the Council are:*

**Option A** - No pedestrian/cycle avenue, instead an extension of the existing route along the southern perimeter of the Park;

**Option B** - Pedestrian/cycle avenue with diverted route around the perimeter of bandstand.

Whilst the Trust as an organisation representing the views of other organisations in the area, have been involved in these consultations, especially in mobilising residents and community groups to participate, it is obvious that the Council has played an upper hand on these consultations.

A final consultation joint meeting of the Ponders End Vision Team/Friends of the Park was held on Thursday 14th October 2010 to finalise plans for the proposed Ponders End Park improvement work. This meeting was chaired by Cllr Doug Taylor, who is both a Councillor in a Ponders End ward and also the Leader of the current Labour administration. (see *Stop Press*)

The Trust respects the decision taken at this joint meeting, which we believe is a compromise, as it takes into account the futuristic view of Ponder End and the wishes for the community.

Still on consultation, the Trust has also made its formal presentation on the development of Ponders End Central. The trust sees its role as strategic in the provision of community services in the area, and will jealously guard its representational role in ensuring that the needs of the community are recognised and provided for in the strategic plan for the area. Some suggestions have been made in the presentation, and we are very hopeful these will be favourably considered.

The Trust as the umbrella organisation of all community groups in the area will be demanding active participation in all future consultations starting from the planning to its implementation stage. Though we cannot restrict all contact with the community groups to be through the Trust, however experience has shown that with co-ordinated action from the Trust there has been informed contribution and participation from the community, which has enriched the decisions taken. This also gives the community a sense of belonging and being part of the decision making process affecting their lives and community.

In order to strengthen its capacity to actively deliver these services, the Trust will soon embark on a recruitment exercise to attract new board members with a range of skills to complement those available within the current board.

**Emmanuel Ahanonu**

## FAIR SHARE TRUST IN PONDER'S END

*Introducing  
Victoria Warne,  
Deputy Director at The  
Capital Community  
Foundation, and new  
Fair Share Trust agent*



**Victoria writes:**

*Dear Ponders End residents,*

*I'm pleased to introduce myself as the new Fair Share Trust agent for Ponders End. On behalf of residents and the Fair Share Trust Panel, I would like to thank East London Community Foundation, in particular Anja and Sanjay, for all their work in delivering Fair Share over the last few years. We look forward to building on all they have achieved to date.*

*I'm the Deputy Director at The Capital Community Foundation (CCF) where I have worked for the last 4 and a half years. CCF is a community foundation working for London, encouraging local giving and supporting community based action. I have responsibility for all of the Foundation's grant programmes and community work and I'm very much looking forward to working with Ponders End residents.*

*Over the last 3 remaining years of the programme, the Fair Share panel, in conjunction with residents, will be concentrating on ensuring that the programme leaves a legacy from which all residents can benefit. Your ideas and suggestions on how we can make a difference in your area, and how you can be involved are key to our success.*

*We'll be sure to keep you updated via this newsletter and I look forward to meeting you at upcoming events and meetings. In the meantime, please do contact me on 020 7582 5117 or email [victoria@capitalcf.org.uk](mailto:victoria@capitalcf.org.uk).*

*I look forward to getting to know you!*



## Stop Press!!

***The decision reached at the meeting (see left) was that option A was closest to what people wanted (i.e an extension of the existing path). However, to make it easier/safer to use the extension beyond the changing rooms, the whole path should be further north but not as far as in option B.***

## Food and Health Courses coming to Ponders End

Ponders End Community Development Trust has been granted funding by the Fair Share Trust to run a series of courses in food preparation, food growing and healthy living in Ponders End. We will run two courses in each of the three subjects in both 2011 and 2012. We intend the courses to be suitable for people of all ages, and for family groups. We will be running them in different venues across the ward. We hope that during the courses we can find out who wants to go further growing and preparing food in Ponders End on a bigger scale, and who would like to try other healthy activities.

*If you are interested in finding out more please contact Bernie Rees at Vincent House, Tel: 020 8443 3858, or email: [roomhirepecdt@btconnect.com](mailto:roomhirepecdt@btconnect.com)*

## Looking for a Venue?



The PECDT has Rooms for Hire at **Vincent House** on the corner of Nags Head Road and High Street.

The rooms can be used for meetings, festivities, dance, exhibitions or other activities. We do offer a significant discount as our aim is to help Community Groups, particularly those who are local to Ponders End.

For more information, availability and prices contact: PECDT Room Hire on 02084433858 or email to [roomhirepecdt@btconnect.com](mailto:roomhirepecdt@btconnect.com)

Booking Forms are also available from PECDT Website: [www.pondersendcommunity.btik.com](http://www.pondersendcommunity.btik.com)

## Ponders End Youth Centre Programme

Monday	Tuesday	Wednesday
7pm – 9:15pm	7pm – 9:15pm	7pm – 9:15pm
Team Sports	Girls Group	Street Dance
Arts	Black History Month	Cooking
Homework Club	Computer Room	Computer Room
DJ Skills	Motor Project	Boxing
		One 2 One Time
		Homework Club
Thursday	Saturday	Sunday
7pm – 9:15pm	5pm – 5:15pm	10am – 1pm
Trampoline	Open Session	Motor Project
Members Panel		
Computer Room		
Arts		
Motor project		
One 2 One Time		

## Ponders End Summer 2010

*Local Youth Centre was buzzing with activities this Summer*



*Young people enjoying themselves with a street performer on the Southbank*

During the 5 week summer programme young people from Ponders End Youth Centre got the opportunity to enjoy a number of different workshops and activities. The programme offered a mix of learning and fun within the centre and out within the community.

On several occasions the centre was open during the day giving young people a chance to participate in workshops such as sexual health, drugs awareness and cooking. 18 young people took part in a **Save a Life** certificate and a further 24 completed a 10 ASDAN activity award.

Over five days we took two different groups for a two and half day adventurous activity residential at Gilwell Park Essex. The young people increased their cultural awareness by attending two theatre trips to West End shows as well as a day out walking around London's famous tourist attractions... **and of course young people went on several trips which they love the most, such as theme parks, go karting and paintball.**

*Some quotes from the young participants:*

SH talking about the residential: **"I wish we could stay longer"** and **"I conquered my fear of heights"**.

DK on the Sexual Health Workshop: **"I got to understand some of the consequences that could happen to me"**.

JF on the residential: **"I got to meet new people"**.

KW on the Thorpe Park: **"it was live"**.

The Centre is now open 7 days a week for young people aged 13-19. We have structured classes/sessions in Trampoline, Boxing, Multi sports, Street Dance, Motor Vehicle Maintenance, Art and Computers...**all these are free.**

You can also hang out and meet your friends in a friendly and safe environment. Our Youth Workers will guide, support and listen to anything you want to discuss. We have organised a half term holiday activity programme.

**Ponders End Youth Centre**, 129 South Street,  
Ponders End EN3 4PX.

Phone 0208 804 0718 for opening times and information.

The draft plans for Ponders End Central (the former Middlesex University site and High Street) were published for a six week period of consultation on 20 July, ending on 5 September 2010. **Daisy Johnson**, Planning and Regeneration Officer for Ponders End, reports on how the consultation went.

# Thanks to everyone who contributed to the Ponders End Central Consultation



Thanks to the Ponders End Community Development Trust, we could send the summary or "lite" plans to every household in Ponders End. They were also available from Tesco in Ponders End High Street, Cottage Cleaners, the Post Office and Library – thanks to all of the owners of these organisations for their help.

We also sent a copy of the "lite" document to every business and ensured we talked regularly to the businesses most affected by the proposals. On 29 July we presented the plans to the Ponders End Business Forum and discussed their implications in the round.

1800 copies of the plans were sent to local schools to go home with children in their book bags, and classes were held with groups of year five children from Alma and St Matthews Primary Schools.

Brief presentations were made at the Ponders End CAPE meeting, the Ponders End, Jubilee and Lower Edmonton Area Forum, the Fairshare Trust Board and the Alma Road Community Association.

Mini exhibitions were held at a variety of locations, including the Welsh Estate (2 August), and Durants Park (11 August), which are both areas the community had asked us to ensure were fully included. We also attended the Bangla Mela on 25 July and the Enfield town Autumn Show on the last day of the consultation.

In-depth discussions were held at two workshops set up to tackle the issue of transport and congestion, and to think about how creativity and the arts could be encouraged in the area. Meetings were also held with residents of College Court, the Ponders End Vision Team, the Youth Centre, Two-E Information and Advice, Ruth Winston Centre, Enfield Women's Centre, Enfield Asian Welfare Association, Mencap, Enfield Vision, Somali Community representatives, the Greek & Greek Cypriot



Community of Enfield and Enfield Bangladesh Welfare Association.

And finally, so as not to miss out the commuters, we stood outside Ponders End and Southbury Stations during morning and evening rush-hour periods on 5 and 17 August. The next step is to analyse all the feedback from the meetings and exhibitions, and also the questionnaires and online responses. We will publish a report later this year and the responses will shape the final version of the Plan, which will be adopted by the Council in winter 2010 and will then guide planning applications in future.

If you have not yet had the chance to view the plans, please visit [www.enfield.gov.uk/placeshaping](http://www.enfield.gov.uk/placeshaping)

## Sun shines on Green and Healthy Living Day

The Green and Healthy Living Day, organised and funded by the London Borough of Enfield and NHS Enfield, took place in Ponders End Recreation Ground on Sunday, 12 September 1-5pm.

Ponders End residents had expressed an interest in Ponders End being a more healthy and green place, so this event was held to respond to that desire.

As well as information stalls about healthy eating and recipes, stopping smoking, growing, cancer and local voluntary groups, a variety of sporting activities were made available from a cycling obstacle course and handball training to relay races, sack races, Zumba dancing and street dance.

The event was also an opportunity for local people to share their views about the plans for Ponders End Recreation Ground.

More than 200 people came to the event and local groups running health and wellbeing classes reported increases in membership as a direct result of the day. **Thanks to everyone involved!**

# The Two Brewers Pub in Ponders End

30th September 2010 was the 70th anniversary of the bombing of a popular local pub. Below is a short history of this attractive building and its tragic end.



This is the first known picture of the the pub, drawn around 1716. We know that the pub was originally called **The Royal Oak**. It had changed its name in 1752.

The actual building has altered many times but its last rebuild was in 1896.

*Below is the picture of the pub before the bomb hit.*



*A view of the pub from a different angle*



It is rumoured that on the night of 30th September 1940 the lighted cigarette ends of the smokers standing outside the pub were seen by a lone German bomber. Several of the customers were killed outright and it took all night to free those trapped inside. One of them was identified as 47 years old **Archibald Scales**, who died from his injuries the following day, 1st October 1940.

*This is how the building looked after the hit*



Most of the local people wanted the site left unbuilt as a memorial to those who lost their lives and so it remains vacant after 70 years.

**Earlier this year Enfield in Bloom volunteers planted the beds with flowers to brighten the place up.**



**Space could be found on the old pub site for a permanent memorial to those who lost their lives there, and perhaps create a symbolic gateway to Ponders End to remind people that they are entering a special place.**

**If you have views or suggestions on how to commemorate the past while looking to the future and the positive things that are taking place in the area, please let us know.**

*We are indebted to **Mary Smith** for the archive pictures and the supplementary text.*

*If our readers have more information about the Two Brewers Pub and its history, or any other local attraction, we would be pleased to hear from them.*

# Ponders End Safer Neighbourhoods Team

Crawford Buchanan

The work of the team continues and the priorities as set by the CAPE meeting in September have changed. The three that already existed will remain in place and the issue of Anti Social Behaviour (ASB) in Swan House, High Street, EN3 has recently been added.

The team have been liaising with Lee Housing who are responsible for the management and maintenance of the building and they have updated us with further detail of the issues and challenges that are apparent in that area. A Visual Environmental Audit (EVA) is planned where my staff and partners will tour the area and identify areas that need improvement or concentrated action and ensure that the relevant parties are made aware. My team are also conducting research into specific individuals that have been the source of ASB with a view to instigating further legal proceedings against them.

## Anti Social Behaviour (ASB) by youths on the Welsh Estate

This priority continues to be reviewed and was held in place at the last CAPE meeting. The team conducted a Mediation session between two parties who had been in conflict over minor acts of ASB. This alternative method of resolution has been a success and ASB in the area continues to be at a much improved level from previous months.

## Anti Social Behaviour by groups in the South Street area

The team continue to adopt a robust approach to Street Drinking within the Drinking Control Zone in South Street. I would encourage residents to contact us if they have issues with these individuals. We are patrolling the area every day and individuals who are found contravening the Controlled Drinking Zone (CDZ) are dealt with. I have had preliminary discussions with the proprietors of local Off Licenses with a view to controlling alcohol that is sold to individuals that are regular offenders.

The new signage regarding the CDZ is still awaited. Other incidents of ASB are being reported to the team in increasing volume. This is allowing us to identify issues and apply for the appropriate resources to deal with them. I am grateful for this additional workload as it allows my team to deal with the actual issues that affect the community as opposed to perceived issues.

## Burglary

The team are taking part in an Anti Burglary operation which has resulted in the ward not being subject to a burglary for almost three weeks. My staff continue to complete Crime Prevention surveys on request. If you contact the team we will be happy to assist.

***Please contact us if you have any issues you wish to bring to our attention. If you call us we will do our best to help you. We cannot deal with problems if we are unaware they exists and with a small team at my disposal we are reliant on residents letting us know what is happening in their community.***



## We can be contacted in several ways:

Office - 020 8345 1312      020 8721 2682  
E mail - [pondersend.snt@met.police.uk](mailto:pondersend.snt@met.police.uk)  
MPS website - [www.met.police.uk/saferneighbourhoods](http://www.met.police.uk/saferneighbourhoods)  
MPS Non Emergency - 0300 123 1212  
Crimestoppers - 0800 555 111

***We want you to tell us what's happening in your community. When we know what's happening we will do our best to help you.***



## Novel Friends

*the Edmonton/Ponders End Book Group*

I would like to set up a group that meets monthly to discuss books and enjoy life and to put Edmonton on the cultural and literature map! And I'd welcome likeminded people to join.

- Would you like to meet a group of like-minded people who love literature and reading?
- Do you want to be at the start of a new local group where you can meet new friends in a relaxed atmosphere?
- Can you attend a meeting once a month in the evening at a local café (venue to be decided)?
- Do you have any ideas for the first set of books the group might like to read?

### ***What to know more?***

If you are interested in joining the group then please contact Edwina on 0781 2024096 or email [edwinawontner@hotmail.com](mailto:edwinawontner@hotmail.com)

**Hope to hear from you soon!**

## Volunteer Appeal

**The Trust is looking for volunteers to help deliver this Newsletter.**

If you can help deliver The PEN on your street, four times a year, then we would like to hear from you.

Please contact Halina on [pondersendcommunity@btconnect.com](mailto:pondersendcommunity@btconnect.com) or telephone 020 8805 0412

## Ponders End Town Centre

*Nick Johnson, Town Centre Manager gives an update on recent developments in the area and in EBRA*

Place Shaping matters are still uppermost in Ponders End and the recent Ponders End Framework for Change document and Ponders End Planning Brief consultation has made businesses more aware of what is happening. To help local traders gather the latest news on local developments, Enfield Council, in partnership with Enfield Business and Retail Association (EBRA) have set up a business forum exclusively for Ponders End businesses to see presentations by the Place Shaping team and also have the opportunity to ask relevant questions, particularly if they are concerned about making any long-term investments in their business. The forums are attended by local councillors and, if a particular issue needs to be addressed, relevant Enfield Council officers. I am hoping that the forum will continue to grow and traders can become empowered to use the meetings as a way to lobby the local Council on issues that are important to them.

The Ponders End Business Forum has been a valuable way to boost the profile of Ponders End businesses to other trading associations and organisations in the borough. Recently, some Ponders End businesses have been to 'business breakfast' meetings held at the Civic Centre and attended parking consultation discussions with members of other trading associations in the borough. Ponders End traders will continue to have an increased voice in matters concerning the livelihood of their businesses.

Recently, EBRA have been working in partnership with **Enterprise Enfield** and **Enfield Council** to provide business support to all L.B. Enfield commercial tenants. **The Enhancing Town Centres Project** is funded by Enfield Council under the Working Neighbourhood Fund, and the aim is to identify traders who wish to improve the efficiency of their businesses or have a particular issue that is causing problems and provide a business advisor to offer help and guidance. The business advisor can give a particular business a 'health check' to help identify problems, and advice can be given on such matters as raising finance, marketing, and techniques for increasing sales and profits. Each business is entitled to seven hours of support and all sessions are private. Conversations and interviews between the business advisor and the business owner are kept in the strictest confidence. One of the biggest benefits of this initiative to traders is that the advisor can give advice at their business premises. Ponders End businesses in South Street were the first to benefit from this initiative and further businesses have been identified elsewhere in the area.

Our **Safer Town Centres** partnership is continuing to expand and recently we have added more Alertbox Business Communicators to the high street. This was done in partnership with **Ponders End Safer Neighbourhoods Team** who provided help and assistance to the town centre manager by identifying suitable businesses and providing a valuable translation service to those traders who wished to have more information on the project and how it would affect them. The Ponders End Safer Neighbourhoods Team continue to be essential partners in promoting this initiative. EBRA are also working in partnership with Enfield Council to produce an **Enfield Town Centres guide** and an **Eating Out Guide** which will highlight interesting aspects of local town centres and Ponders End businesses will feature in both publications. We hope that both guides will encourage people from all over the borough to visit Ponders End and increase the prosperity of our town centre.

For more details on the Ponders End Town Centre contact Nick Johnson on 07985 459149; email: [nick.johnson@ebra.org.uk](mailto:nick.johnson@ebra.org.uk)



## Karate Club in Enfield

*In this issue we profile  
Noufi Theodolou,  
young karate enthusiast*

Hi. My name is Noufi Theodolou. I have been training with GKR Karate Club for 9 years. Most of my training is in Enfield and Edmonton and I normally train 4-5 times a week. I take part in tournaments that take us all over the country. Over the years karate has taught me dedication, respect and that with a lot of hard work and determination and drive you can achieve anything. Karate training also improves your flexibility, strength and awareness which are also great tools in life.

I am at present a 1st Dan (shodan) and I am working hard towards my second Dan (nidan). I have achieved a large number of gold medals, some silver and bronze at regional tournaments and have achieved a number of national titles over the years. In 2003 I became a world champion when taking part in the World Cup in Birmingham, and in the Summer of 2009 I flew to Australia and took part in the World Cup out there and came 4th in my division.

GKR is a club that runs in the UK, New Zealand, America and Australia. It is a family club so anyone of any age can join, so over the years I have persuaded my mum to join me. It is great fun as well and we have met lots of good friends. Through our club we also take part in the NAS (National All Styles) competitions.

At these we get to compete at different styles of karate, judo and kickboxing. At the NAS competitions I have won a number of regional and national titles. I have worked really hard over the years to develop my skills and am proud of my achievements. I am very competitive so I always strive to improve and better myself.

***Noufi is very committed to Karate and would like to encourage anyone interested to learn more about the sport by contacting Enfield Karate Club.***

***If you would like to learn more about GKR and join us in training contact Sensei Toyin Butler on: + 447725338887.***

**Enfield Women's Centre****Enfield's back lanes  
and  
Victorian Christmas customs****Sunday 5th December 1.30 p.m.**

Explore the back lanes of Enfield, see some beautiful houses and hear about Victorian Christmas customs.

We will be having a celebration afterwards with Christmas snacks, fun and frolic which includes a Dickens of a quiz and a dance demo from STARZ our children's dance class.

We are setting up a **New Group**, to meet monthly for talks, learning crafts, etc. The first meeting will be on **Wednesday 10th November at 10 a.m.**

We hope to be able to draw up a calendar of events for this group in the near future. The meeting will take place at the Ponders End URC Hall, College Court, Enfield EN3 4EY (opposite Ponders End library).

On **Wednesday 8th December** we will be holding a **Coffee Morning** with fun and games for grown-ups!



**Enfield Women's Centre organise a range activities throughout the year, which include:**

**Walks for Women & their Families**

An opportunity to meet new people, whilst wandering through beautiful parks and countryside. These social walks for women & their families (includes male family members, children & dogs on leads!) generally last about 2 hours & cover mixed terrain. We offer minibus transport to more remote parks.

**Zumba, Belly Dancing, Tai chi and Yoga**

Most of the activities take place in Ponders End URC, opposite Ponders End Library College Court, or in Vincent House on the corner of Nags Head Road

**If you are interested or would like more information, please contact the Centre.**

**We would also welcome any ideas and offers of activities for inclusion in the programme.**

EWC, 31A Derby Road, Ponders End, EN3 4AJ  
Tel: 020 8443 1902 or 020 8351 8934  
[info@enfieldwomen.org.uk](mailto:info@enfieldwomen.org.uk)

Registered Charity No 1002117



## Local Jobs Opportunity

We have had a census in England every ten years since 1801, except for 1941, and the next Census Day is March 2011.

There are approximately 200 paid jobs available working on the census in Enfield. Jobs will be part-time or full-time and employment will be for various periods beginning in February and March 2011. Jobs include approximately 14 census co-ordinators (to manage the census in part of Enfield), approximately 180 census collectors (to collect completed census questionnaires that have not been returned on time) and special enumerators (to deal with census questionnaires from hospitals and other large institutions).

**Details can be found at [www.censusjobs.co.uk](http://www.censusjobs.co.uk) and applications to be collectors can be made on-line from November.**

Information from the census enables national and local government to allocate resources and to plan public services – e.g. schools, housing, transport and healthcare. Everyone needs to take part to help Enfield get its full share of resources.

Everyone who works on the census is obliged by law to keep every piece of individual information confidential. The information is used only to compile national and local population data. No individual's details are ever made known to any outside organisation and the questionnaires remain confidential for 100 years.

## HAIRZONE

### UNISEX HAIR STYLISTS

- Experienced Stylist (20 years +)
- Friendly atmosphere
- Affordable prices

**For appointments of more information please visit us:**

102 South Street, Ponders End  
Enfield  
Tel: 020 8804 7744

**Please note that the Trust has a new website address, which is:**

**[www.pondersendcdt.btck.co.uk](http://www.pondersendcdt.btck.co.uk)**

**We have transferred all the old data into the new site and are in the process of adding new, and updating old information, such as application forms, articles, photographs and publications.**

**Ponders End Community Development Trust is a charitable organisation working to promote a strong sense of local identity in Ponders End. If you would like to help us achieve our aim, get involved in our activities, have any comments or suggestion on the content of this Newsletter, please contact PECDT, c/o Ponders End Library, College Court, High Street, Enfield EN3 4EY. You can email: [pondersendcommunity@btconnect.com](mailto:pondersendcommunity@btconnect.com) telephone on 020 8805 0412, or visit our website: [www.pondersendcdt.btck.co.uk](http://www.pondersendcdt.btck.co.uk)**